

Roadmap to Becoming a Certified Sexologist

at The Atlanta Institute of Tantra & Divine Sexuality

What is a Sexologist?

A sexologist studies people's sexual behavior including the feelings and interactions and assists them with issues they may have around their sexual experience with the goal of a better quality of life.

Over the last 60 years, Black and Indigenous folx have been alienated from this ancestral healing practice. After using colonialist puritanical theory and religious thought, we were shamed and cut off of sacred practices like conscious erotic touch (sexological bodywork), pleasure based sex ed (sex doula), and sex surrogacy (partner surrogates). Now these fields have experienced a resurgence and are being monetized and gate kept by the white bodied supremacist practices that continue to disenfranchise Black, Indigenous, Queer, Trans and The Disabled in the west.

This work is community-based work.

We are born with an inalienable right to sex and pleasure.

www.atltantra.org



Tantra 101

This basic series of 20-minute workshops get you to understand the basics of tantra, embodiment and pleasure based sex-education.



Level 1 - Sexological Bodywork

Conscious Erotic Touch Certification introduces you to concepts of embodiment, felt sense, and alternative intimacy.



Level 2 - Pleasure Based Sex Ed

Sex Doula Certification prepares you to guide the client to and through sexual experiences.



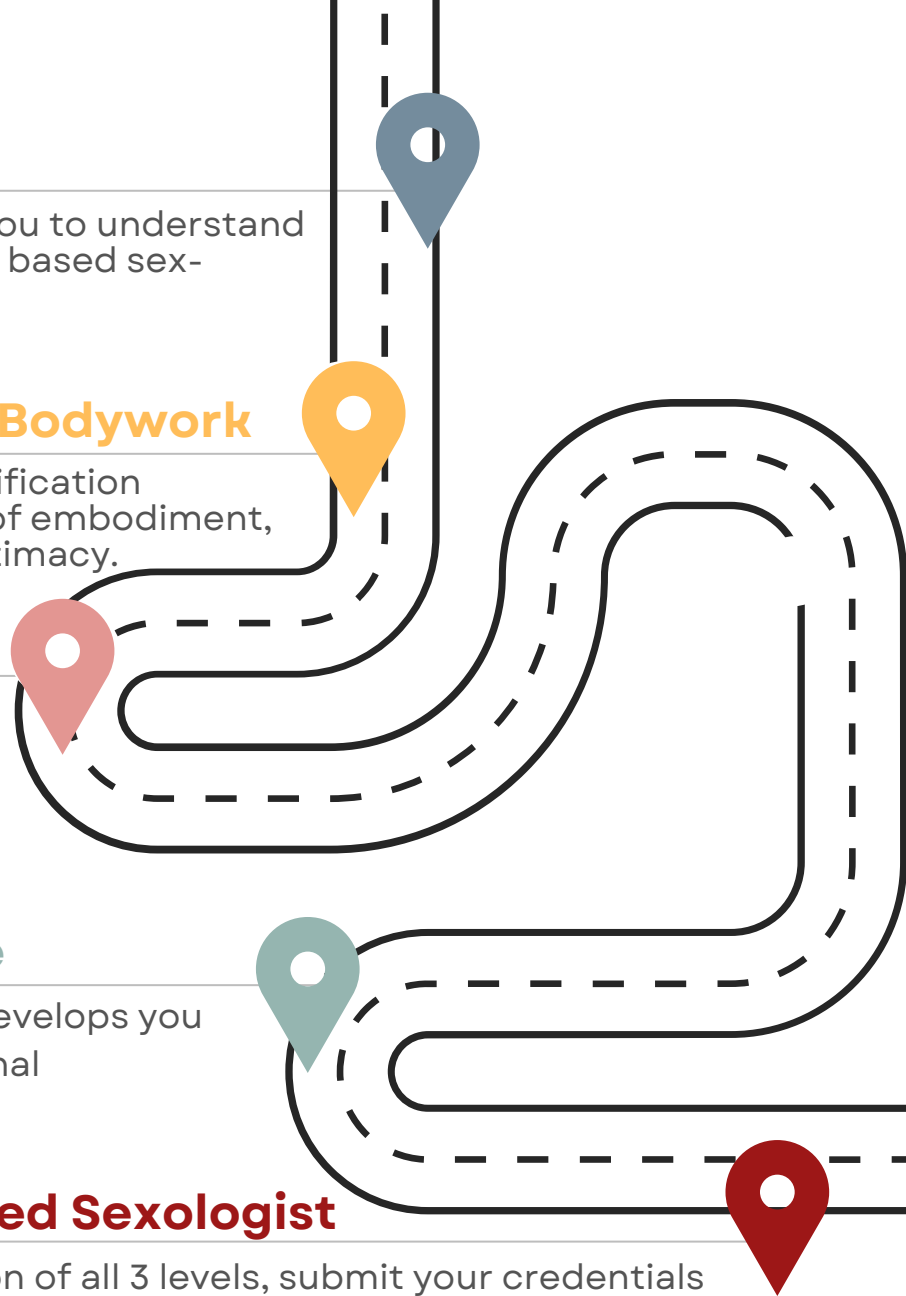
Level 3 - Intimacy Guide

Sacred Sex Coach certification develops you into an sexual wellness professional



ACS Certified Sexologist

Upon completion of all 3 levels, submit your credentials to the American College of Sexology and receive the designation of Certified Sexologist



The Sacred Sex Coach Certification curriculum is the most comprehensive, BIPOC centered, queer and trans affirming, sexologist certification currently available.

Three-part certification course will guide you:

- Unpack and unlearn the ways we have been misinformed about our own bodies, desires and sensations
- Examine and reimagine what sex is and the field of sex work
- Reexamine sense of self and how colonialism shows up in the way we relate, connect and experience sexual intimacy.

Course Requirements

- The course is offered in a virtual self-pace format with online weekly check-ins and monthly lectures.
 - Each level must be completed within 365 days of enrollment to advance to the next level.
- To be certified, students will need attend one of several in-person training weekend retreats within one year of course completion

Level 1: Conscious Erotic Touch

- Bridges the spiritual and physical of sexual intimacy
 - Basics of breath, touch and intimacy
- Prepares you to offer, receive, teach & guide intimate touch and intentional sexual experiencing
 - Hone your practice and skills as a sex educator

If you commit to 5 to 6 hours of work per week, you can complete course in 20 weeks. You can slow the pace or speed it up based on your needs and you have 1 year to complete the course.

Office hours are Wednesdays, 8am – 12pm EST and 5pm-8pm.

Community calls are on Sundays.

Tuition – The level one course has two components:

- The ONLINE self-study course is \$2,500.
- The required four-day intensive certification retreat is \$1,100 and includes room and board.

Prerequisites – Tantra 101 or equivalent coursework.

You may schedule a discovery call to determine placement and eligibility

2022/2023 Certification Retreat Locations

Atlanta, GA | Puntarenas, Costa Rica | Baños, Ecuador | Playa Del Carmen, MX

Need based scholarships (trans and nonbinary) and payment plans are available

Level 2: Sex Doula

- Sex Doula guides lover into, through and beyond intense sexual experience
 - Bridge between somatic bodywork and coaching, teaching and guiding and preparing for erotic experience
 - Must adhere to Atlanta Institute of Tantra Code of Ethics

If you commit to 5 to 6 hours of work (study and practice) per week, you can complete the course in 18 weeks. You can slow the pace or speed it up based on your needs.

Office hours are Wednesdays, 8am – 12pm EST and 5pm-8pm.

Level 1 and 2 cannot be taken concurrently.

You can register for both levels to take advantage of occasional promotions, but level 2 course will not open until level 1 requirements are satisfied.

Community calls are on Sundays.

Tuition – The level two course has two components:

- The ONLINE self-study course is \$1,900.
- The required four-day intensive certification retreat is \$1,100 and includes room and board.

Prerequisites – Level 1: Somatic Bodywork or equivalent coursework.

2022/2023 Certification Retreat Locations

Atlanta, GA | Puntarenas, Costa Rica | Playa Del Carmen, MX

Level 3: Sacred Sex Coach

- Receives designation Certified Sacred Sex Coach
 - Expand beyond theory and into practice
- Works with client to discover their authentic yes, communicate and experience
 - Taught as a practicum with real clients and case studies for training

If you commit to 5 to 6 hours of work (study and practice) per week, you can complete the course in 12 weeks. You can slow the pace or speed it up based on your needs.

Class structure is video lecture based, with supervisory calls with Amina, as well as a practicum. This is a nontraditional classroom with 50 hours of CLASSROOM study and practice at your own pace, with post-grad internship opportunities available in Costa Rica & Atlanta.

Office hours are Wednesdays, 8am – 12pm EST and 5pm-8pm.
Community calls are on Sundays.

Tuition – Enrollment is \$149 per month and can be completed in 3-12 months. There is no certification retreat for this course.

Prerequisites – Completed Levels 1 and 2; actively working with clients and have an idea of where you would like your business to go.

To get started or for more information, schedule an introductory consultation with Amina at www.atltantra.org/book